



Directory of Children and Adolescent Services

**Delaware County Department of Human Services
Drexeline Plaza**

4990 State Road, Suite 101

Drexel Hill PA 19026

610-713-2365

www.delcohsa.org

2025



Table of Contents

Mission Statements & Purpose	3
How to Access Publicly Funded Treatment Services	3
County Human Services Departments.....	5
Early Intervention Services	
Children and Youth Services	
Intellectual & Developmentally Disabled Services	
Mental Health & Substance Use Services	
Descriptions of Mental Health & Substance Use	
Treatment, Support, and Prevention Services.....	11
Mobile Crisis	
Inpatient Services	
Residential Treatment Services	
Partial Hospitalization Services	
School Based Mental Health Services	
First Episode Psychosis Services	
Family Based Services	
IBHS-ABA Services	
Multi-Systemic Treatment Services (CYS & Probation involved youth ONLY)	
Parent Child Interaction Services	
After School/Summer Social Skills Groups	
Outpatient Services (Individual therapy, Psychiatric Evaluation w/ Medication Mgmt.)	
Music Therapy	
Blended Case Management	
In-home Respite Services	
Youth Group Grief Services	
Support & Peer Services	
Substance Use Services & Prevention	
Helpful Links.....	24
Emergency Resources.....	25
FAQs: Culture, Language, Bias, Diversity, Inclusion, & Belonging...	26-27
System of Care/Social Media.....	28

DELAWARE COUNTY DEPARTMENT OF HUMAN SERVICES

Mission Statement

The mission of the Human Services is to assure the provision of a comprehensive array of quality human services for eligible children and their caregivers that will assist the youth to maximize their full potential.

DELAWARE COUNTY SYSTEM OF CARE PHILOSOPHY

Service professionals collaborating with Delaware County residents of all ages and abilities and their loved ones as equal partners. The goal is to provide needed supportive, trauma-informed, data based, and culturally appropriate services and if needed treatment guided by the individual's choices, strengths, natural resources, and future goals. Delaware County's Department of Human Services staff, our co-workers, our providers, and our system partners continue to work together to educate and serve not only our county residents but all the professionals that serve them to journey closer to this goal every day.

How to Access Publicly Funded Treatment Services:

If your child is not enrolled in the Medical Assistance (MA) program and you think your child has significant behavioral health and/or special needs, go to the Pennsylvania Department of Human Services www.compass.dhs.pa.gov to fill out a MA application for a child with a physical/mental health disability (PH 95 category). Your child could be eligible for MA regardless of your family income. You can also do this even if you have private insurance, to access mental health services for your child that are not provided by your private insurance company. You will be required to provide proof of the behavioral needs (evaluation/letter from school, primary doctor, therapist, psychiatrist, etc.).

Private/Commercial Insurance and Medical Assistance

Private/Commercial Insurance – insurance that is paid for out of pocket or through an employer. This type of insurance primarily covers physical health. There are different packages and plans that cover additional services and may

include behavioral health services. Please contact your insurance provider to determine: 1) if they cover behavioral health services, 2) which specific behavioral health services they cover and if copays are involved, and 3) which behavioral health service providers you need to utilize for that service.

Medical Assistance/Supplemental Insurance – insurance that is applied for through local County Assistance office. The application can be done online www.compass.dhs.pa.gov and takes 30 days to process application. If a youth is approved for Medical Assistance typically, they are assigned to a physical health insurance/Health Managed Care Organization (HMO) for example Keystone First. They are also assigned to a behavioral health insurance/Behavioral Health Managed Care Organization (BH-MCO) for example Community Care Behavioral Health. The insurance company assignments differ depending on where you live. Physical health insurance companies are overseen by the state and change depending on what region of the state you reside. Delaware County is in the Southeast Region and Keystone First is one of the insurances offered in the Southeast Region. Behavioral Health insurance companies are overseen by the county and change depending on what county you reside. Delaware County contracts with Community Care Behavioral Health therefore every individual who is approved in Delaware County has Community Care Behavioral Health for their behavioral health needs. Community Care Behavioral Health has a list of contracted behavioral health service providers that can be found at www.ccbh.org

Delaware County Medical Assistance Physical Health Insurance Options:	Delaware County Medical Assistance Behavioral Health Insurance Options:
Geisinger Health Plan 1-855-227-1302 TTY 711 Health Partners Plans 1-800-553-0784 TTY 711 Keystone First 1-800-521-6860 TTY 1-800-684-5505 United Healthcare 1-800-414-9025 TTY 711 UPMC for You 1-800-286-4242 TTY 1-800-361-2629	Community Care Behavioral Health Contact 1-833-577-2682 en Espanola 1-866-229-3187 TTY (Dial 711) Request 1-833-545-9191

Pennsylvania Department of Human Services, County Assistance Office

Chester
 701 Crosby Street
 Chester, PA 19013
 610-447-5500

Darby
 845 Main Street
 Darby, PA 19023
 610-461-3800

Early Intervention Services

- The Office of Early Intervention provides supports and services within the typical routines & activities of the family using a home -based coaching model and consultation.
- Early Intervention provides a Screening, Evaluation, & Assessment to determine eligibility.
- Once determined eligible for Early Intervention, supports and resources are identified to assist the family in enhancing their child's learning & development.
- We provide services at no cost for children from birth to 3 years of age.
- We work together with many service systems to ensure continuity of care

FACTS FOR FAMILIES:

Once a referral is made to our intake department, you will be assigned a service coordinator who will contact you to explain our program in more detail.

Your service coordinator will schedule and facilitate an evaluation for your child.

We look at 5 areas of development:

- Cognitive: Ability to think and learn
- Social and Emotional: Ability to relate to others
- Communication: Ability to talk, understand, and express needs
- Physical: Ability to move, see, and hear
- Adaptive or Self-Help: Ability to eat, dress, and take care of oneself

Services We Can Provide: Hearing and Vision Support, Nutrition, Physical Therapy, Occupational Therapy, Service Coordination, Social Work, Special Instruction, and Speech Therapy.

INFORMATION FOR PROVIDERS WHO ARE REFERRING FAMILIES

- The family has the right to accept or decline services
- If the child is not eligible for ongoing services, they may be eligible for our tracking program, if they meet at least one of the following criteria: NICU Stay, Low Birth Weight, Elevated Lead Levels, Abuse or Neglect, Homelessness, and Baby born to chemically dependent mother
- For Pediatrician's Offices, be sure to include your License # and NPI # on your referrals
- When referring a child, do not prescribe specific services or frequency of services. Please indicate areas of concern.

DREXEL HILL OFFICE

Drexline Plaza
4990 State Rd, Suite 101
Drexel Hill PA 19026
Office: (610) 713-2406

Children and Youth Services

Children and Youth Services of Delaware County provides services to abused and neglected children, from birth to age 18, and their families. Our social service professionals work directly with children and their families in times of crisis.

Services are provided in keeping with our agency's goals, which include:

- Providing for the immediate safety and protection of children
- Keeping children in their families whenever possible
- Providing temporary, substitute care for children
- Reuniting children with their families as quickly as possible

We typically begin with a family assessment. case management, counseling, and related supportive services are then provided to the family when children and adolescents can be safely maintained in their own home.

If placement outside the home is necessary, we attempt to locate relatives and friends as possible caregivers. During the child's placement, we provide wraparound and supportive services to reunite the family. When long term or permanent placement is needed, we'll collaborate to develop a plan that will best meet the needs of the child.

Services provided: Adoption Services, Community Education, Emergency Services, Emergency Shelter Care, Family Engagement Services, Family Support Services, Foster Care & Kinship Services, Information and Referrals, In-Home Protective Services, and Intake Evaluation.

DREXEL HILL OFFICE

Drexline Plaza
4990 State Rd, Suite 101
Drexel Hill PA 19026
Office: (610) 713-2000

EDDYSTONE OFFICE

Baldwin Building
1510 Chester Pike, 6th Floor
Eddystone, PA 19022
Office: (610) 447-1000

Toll Free: 1 (800) 416-4511

Intellectual & Developmentally Disabled Services

Eligibility/Registration Process - Where Do I Begin

If an individual is not registered with Delaware County Office of Intellectual and Developmental Disabilities, then they need to call the office to complete an intake application or eligibility registration. This begins with the Intake Specialist obtaining basic information and providing information regarding eligibility requirements.

Who To Contact - Central Registration Department at 610-713-2330

Eligibility for Intellectual Disability

The Intake Specialist must verify eligibility prior to proceeding with intake/registration.

The essential feature of an **Intellectual Disability** is sub-average general intellectual functioning that is determined by a standardized, individually administered intelligence test in which the overall full scale IQ score of the test, and the verbal/ and performance scale IQ scores are at least two standard deviations below the mean taking into consideration the standard error of measurement for the test.

Current results of standardized testing of adaptive behavior using an assessment such as the Vineland II or the ABAS II that documents impairments in at least three skill areas. All adaptive behavior scores must be reported. After completing testing, the evaluator should state in the report whether or not an intellectual disability is present. If the individual is over age 22 there needs to be a statement that the diagnosis is a lifelong condition. The evaluator must also **sign and date** the report.

If the standardized tests cannot be used to assess an individual, the Clinician must document why standardized testing cannot be given (if appropriate) and provide documentation and rationale for a diagnosis of an intellectual disability. The clinician can be a licensed psychologist, a certified school psychologist, a physician, or a psychiatrist.

Eligibility for Autism Spectrum Disorder

Eligibility for **Autism Spectrum Disorder** requires the submission of documents that substantiates a diagnosis of autism spectrum disorder prior to age 22. The documentation should include a standardized test or tests for autism and a standardized assessment that substantiates deficits in three or more areas of adaptive skills: Self-care, Receptive and expressive language, Learning, Mobility, Self-direction, Capacity for independent living, or Economic self-sufficiency. The diagnosis must be confirmed by a licensed psychologist, certified school psychologist, psychiatrist or a developmental pediatrician. The evaluation must be **signed and dated** by the certified practitioner who must also document that the results are considered valid and consistent with the individual's limitations.

What Happens Next

If the individual is deemed eligible, then an intake/eligibility process begins. This includes the completion of an intake application. After the completion of the application, then an Intake Specialist will coordinate a date and time to complete the intake/registration process. During this meeting, the Intake Specialist will provide the individual/family with information regarding choice of available Supports Coordination Organizations (SCO). The Intake Specialist forwards the individual's file to the SCO for review and consideration. Once the SCO has accepted the individual, then the individual/family will receive a letter informing them that they have been accepted by the SCO.

Supports Coordinator (SC)

The Supports Coordinator will talk to the individual/family about supports and services. The SC will also develop an Individual Support Plan. The SC will also coordinate and monitor supports and services. The SC also offers the individual/family the opportunity to complete a Prioritization of Urgency of Need for Services (PUNS). The SC will continue working collaboratively with the individual/family and other service providers (including, OVR, school, etc.) to locate, coordinate, and monitor services and supports

Services

The Supports Coordination Organization assists individuals and families with coordinating various assessments, enlisting the services of willing and able providers, and ensuring the effectiveness services. Paid service options include, but are not limited, to:

- Community Participation Services
- Residential Supports, including LifeSharing and Family Living
- In-Home and Community Supports
- Companion Services
- Respite
- Assistive Technology
- Behavioral Support
- Employment Services
- Nursing
- Participant-Directed Supports
- Family Support Services

MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT & SERVICES

WHERE AND HOW DO I GET HELP FOR BEHAVIORAL HEALTH NEEDS?

Immediate need due to safety issues – contact Mobile Crisis Team 1-855-889-7827 and/or go to closest Crisis Center/Emergency Department.

Not immediate need but needed – contact your health insurance provider for list of Mental health & Substance Dependent service providers to schedule intake.

Please see next section for a brief explanation on Medical Assistance, how to access it, and how to access behavioral health services through Private insurance and if needed Medical Assistance.

**** IF NO INSURANCE **** – contact County Assistance Office www.compass.dhs.pa.gov and/or our Base Service Providers for steps to apply for Medical Assistance for individual needing services. (See next section for additional information.)

All Mental Health Clinical Services start with an intake appointment

Consult youth's pediatrician and/or youth's school's Student Assistance Program/school social worker/guidance counselor for additional support

If your child is not enrolled in the Medical Assistance (MA) program and you think your child has significant behavioral health and/special needs, go to the Pennsylvania Department of Human Services www.compass.dhs.pa.gov to fill out a MA application for a child with a mental health disability (PH 95 category). Your child could be eligible for MA regardless of your family income. You can also do this even if you have private insurance, to access mental health services for your child that are not provided by your private insurance company. You will be required to provide proof of the behavioral needs (evaluation/letter from school, primary doctor, therapist, psychiatrist, etc.).

Contracted Child & Adolescent Behavioral Healthcare Services

This directory contains a list of frequently utilized County and Community Care Behavioral Health contracted children and adolescent behavioral health service providers. The Directory lists the services provided with telephone and website contact information for each program or service. This is not a complete provider list and additional providers can be found on Community Care Behavioral Health's website www.ccbh.com

Additional Behavioral Healthcare Information

contact 610-713-2365 for more information or visit the following link:
www.delcohsa.org

Community Care Behavioral Health

Rose Tree Media Corporate Center, Bld. 1
1400 N. Providence Road, Suite 310
Media, PA 19063

Maintains information on contracted services for members.
Contact **1-833-577-2682**, en Espanola **1-866-229-3187** or
www.ccbh.com for more information.

Base Service Unit and Family Peer Navigator are behavioral health service providers/programs that have services set up to assist those learning about behavioral health services in the county.

Merakey
800 Chester Pike
Sharon Hill, PA 19023
Phone: 610-650-7761
www.merakey.org

Child and Family Focus – Delco Contact
450 Park Way Drive, Suite 208
Broomall, PA 19008
610-534-3636
www.childandfamilyfocus.org

Pennsylvania Department of Human Services, County Assistance Office

Chester
701 Crosby Street
Chester, PA 19013
610-447-5500

Darby
845 Main Street
Darby, PA 19023
610-461-3800

MENTAL HEALTH SERVICES

(Please note all Mental Health professionals have similar training but many have additional experience in treating trauma, specific age groups, and areas of focus (eg. grief, eating disorders, co-occurrence, and intellectually and developmentally delayed individuals). Please directly contact mental health professionals/agencies regarding their areas of expertise.)

24 hours/365 days Mobile Crisis Assessment Team

- Master's and/or bachelor's level mental health professionals who come directly to your location in Delaware County to assess the safety of an individual experiencing a mental health crisis.
- They will determine if an individual needs to be seen by a psychiatrist immediately or if they can wait till non-emergency services are accessed.
- This service is designed like an ambulance team or a school nurse determining if an individual needs to go to an Emergency Room.
- The team can also aid in filling out a 302 petition if appropriate and provide additional county resources.
- This service is funded through Delaware County's Department of Human Services and free to Delaware County residents.

Delaware County Crisis Connections Team

Phone: 855-889-7827

www.elwyn.org

ACUTE INPATIENT HOSPITALIZATION PROGRAMS

- This is a facility-based service staffed by a psychiatrist, master's level mental health clinicians, nursing staff, and additional support staff.
- The staff are responsible for providing psychiatric examinations and treatment to stabilize and ensure the safety of an individual experiencing a mental health crisis.
- This is a short-term service designed to stabilize an individual and ensure their safety in a community setting. This program is not designed for long term mental health treatment.
- The staff are also responsible for providing recommendations for follow up mental health treatment. These recommendations can range from weekly therapy, weekday partial hospitalization program, to psychiatric residential treatment setting depending on the mental health needs of the individual.
- This service is based on medical necessity guidelines and funded through an individual's behavior health insurance. They are approved for 3-5 days or less at a time.
- **An individual needs to be referred by a psychiatrist working in an Emergency Room/Crisis Center, and/or another treatment facility into this program.**

Belmont Behavioral Health

4200 Monument Road
Philadelphia, PA 19131
Phone: 215-515-7641

www.belmontbehavioral.com

Horsham Clinic

722 E. Butler Pike
Ambler, PA 19002
Phone: 833-237-1418

www.horshamclinic.com

Foundations Behavioral Health (ASD/ID)

833 E. Butler Avenue
Doylestown, PA 18901
Phone: 215-345-0444

www.fbh.com

PSYCHIATRIC RESIDENTIAL TREATMENT SERVICES

- This is a facility-based service staffed by a psychiatrist, Masters and bachelor's level mental health professionals, education staff, and nursing staff.
- They are responsible for providing mental health treatment for 24 hours per day for individuals requiring medically needed high levels of mental health treatment, structure, and support.
- This level of service is the last resort when community services mental health services cannot meet the child's needs in their home environment.
- These programs are required to provide the minimum required education services for those individuals who are under 18 years of age and still registered in school.
- **These programs can ONLY be accessed through psychiatrist recommendation – outpatient mental health providers with psychiatrists can provide this evaluation**
- These programs are based on medical necessity guidelines and funded by behavioral health insurance plans. They are approved for 60 or fewer days at a time. The process to access this service takes no less than 45 days and could take months.
- There are age and diagnosis restrictions depending on the psychiatric residential treatment provider.
- **Please contact Office of Mental Health 610-713-2365 for information regarding the referral process and potential providers.**

PARTIAL HOSPITALIZATION PROGRAMS

- This is a facility-based service staffed by a psychiatrist, Masters and bachelor's level mental health professionals, and education staff.
- They are responsible for providing mental health treatment for approximately 4 hours per day on weekdays for individuals who no longer need hospitalization but continue to medically need a high level of mental health support.
- These programs are required to provide the minimum required education services for those individuals who are under 18 years of age and still registered in school.
- They are based on medical necessity guidelines and funded by behavioral health insurance plans. They are approved for 10 or fewer days at a time.
- Transportation is provided by the local school district or treatment facility staff or a contracted transportation company.
- Individuals with an IQ lower than 70 do not qualify for these programs. There are age restrictions depending on the program provider.

Mirmont Outpatient Center (14-18 years old)

600 Abbott Drive

Broomall, PA 19008

Phone: 484-476-1800

www.mainlinehealth.org/behavioral

Horsham Clinic (6-17 years old)

800 Parkway Blvd.

Broomall, PA 19008

Phone: 800-237-4447

www.horshamclinic.com

FIRST EPISODE PSYCHOSIS PROGRAM

- This is a community-based service staffed by a Clinical Supervisor, Team Lead, Psychiatrist/Certified Nurse Practitioner, Supported Education and Employment Specialist, Case Manager, and Certified Peer Specialist.
- The target population is young adults between the ages of 15 and 30 who have experienced their first psychotic break in the last year and have a diagnosis on the psychosis spectrum, including but not limited to: schizophrenia or bipolar with psychotic features.
- They are responsible for providing mental health treatment and support those individuals experiencing their first psychotic episode who medically need high levels of mental health support in the community managing their symptoms,

utilizing low dose medication management, and establishing and/or strengthening natural supports to lead productive lives.

- They provide individual and group therapy, psychoeducation, case management, medication management, supported education and employment, and peer support services.
- They are based on medical necessity guidelines and funded by behavioral health insurance plans.

Child and Family Focus

450 Park Way Drive, Suite 208

Broomall, PA 19008

Phone: 610-650-7761

www.childandfamilyfocus.org

FAMILY BASED SERVICES

- This is a home-based service staffed by Master's and bachelor's level mental health professionals.
- They are responsible for providing mental health treatment for approximately 10-12 hours per week for youth and their families who medically need high levels of mental health support in the community.
- They provide individual therapy to the youth and family therapy to both youth and caregiver. The treatment is based on a Family Systems Model.
- They have 24-hours support line as needed.
- **These programs can ONLY be accessed through psychiatrist recommendation – outpatient mental health providers with psychiatrists can provide this evaluation**
- They are based on medical necessity guidelines and funded by behavioral health insurance plans. This service are approved for 8 months (32 weeks) at a time.

Child Guidance Resource Center

2000 Old West Chester Pike

Havertown, PA 19083

Phone: 484-454-8700

www.cgrc.org

Holcomb Behavioral Health Systems (Chimes)

225 S. 69th Street

Upper Darby, PA 19082

Phone: 610-352-8943

www.holcombbhs.org

Intensive Behavioral Health Services (IBHS) & Applied Behavioral Analysis (ABA)

- This is a home/community-based service staffed by a Master's level, bachelor's level, and individuals with specialized training.
- The 2-3 persons team consists of a Behavioral Specialist, Behavioral Health Technician, and Mobile therapist. The Behavioral Specialist assesses and designs the behavioral intervention plan. The Behavioral Health Technician models behavioral interventions provided by the Behavioral Specialist for the caregiver/educational professional working with the youth. The Behavioral Health Technician then assists the caregiver/educational professional in utilizing those interventions independent of the Behavioral Health Technician. Mobile therapist supports youth and caregiver(s) in therapeutically exploring both the caregiver and youth's feelings regarding the youth's behaviors.
- Applied Behavioral Analysis version of this services is designed for intellectually disable and autistic youth who need more structured behavioral interventions. The team is similar but some of the titles for the treatment staff are altered and some more team members might be added as needed. The team members also have additional training in Applied Behavioral Analysis treatment model.
- This service is highly reliant on data and progress of the youth. Approval of this service is based on medical necessity guidelines utilizing a Functional Assessment and Psychological evaluation. Both commercial and medical assistance insurance fund this service. The service is funded for 120 or less days.

Elwyn, Inc.

111 Elwyn Road
Elwyn, PA 19063
Phone: 610-891-7007
www.elwyn.org

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
Phone: 484-454-8700
www.cgrc.org

Autism HOPE

20 S. Olive Street,
Suite 202A
Media, PA 19063
Phone: 484-443-8146
www.autismhopepa.org

Helping Hands

Ridley Park
1553 Chester Pike
Crum Lynne, PA 19022
Phone: 484-965-9966
www.hhfamily.com

Afterschool/Summer Social Skills Groups

- A year round group outpatient service for children and young adults ages 6-18 with autism. Participants build social and communication skills, improve problem solving and emotional regulation, and enhance flexibility and motivation.
- Office-based service staff by Master's Level Group Therapists, Bachelors Level Mental Health Workers, and Masters and bachelor's Level Interns
- Help participants make and maintain friendships, enhance communication skills, develop emotional flexibility and regulation, and work with your family to maintain progress and growth.
- After applying, an assessment/psychiatric evaluation will determine appropriateness for the service. Program is an outpatient level of treatment and not clinically appropriate for step-down from residential. Exclusionary criteria include aggression, elopement, the need for one-on-one support, lack of functional communication skills, and inappropriate sexual behaviors.
- Frequency of sessions and family involvement differ depending on provider.

Elwyn, Inc.

(runs after school every day and day camp version during summer)

111 Elwyn Road

Elwyn, PA 19063

Phone: 610-891-7007

www.elwyn.org

Child Guidance Resource Center

(3 hours sessions twice a week after school year round with added family sessions)

2000 Old West Chester Pike

Havertown, PA 19083

Phone: 484-454-8700

www.cgrc.org

Multisystemic Therapy (CYS & Probation involved youth ONLY)

- MST is an intensive family-oriented, home-based program delivered by a trained clinician
- Treatment focuses on externalizing behaviors and empowering families to decrease or eliminate these behaviors
- Clinicians meet with parents/caregivers in the home twice a week for 3-5 months
- A systemic approach with limited individual sessions with adolescents
- Collaboration with other providers
- Support available 24/7

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
Phone: 484-454-8700

www.cgrc.org

Parent Child Interaction Therapy (PCIT)

- Evidenced based model delivered in an outpatient office-based setting by a trained Master's level therapist.
- Treatment is designed to work with parents/caregivers of children ages 2-7 years who display tantrums, noncompliance, and aggressive behaviors. Each treatment session includes the child and caregiver for the duration of the session.
- Sessions typically occur 1-2x/week for 1 hour and last 15-20 weeks.
- In this model, the clinician stands behind a two-way mirror (or over Zoom) and coaches the caregiver through an earpiece. Children play while the caregiver is coached to play along and comment on the child's positive behaviors. When challenging behaviors occur, the clinician coaches the how to handle them in real time. PCIT strengthens the caregiver-child relationship by focusing on the power of play and praise without harsh punishments.

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
Phone: 484-454-8700

www.cgrc.org

Outpatient Services (individual therapy and medication management)

- individual and group therapy scheduled on a weekly or as needed basis.
- Psychiatric evaluation as needed for medication management and to determine appropriate level of mental health treatment.
- Services begin with an intake appointment to review history and gather insurance/payment information.
- Some therapists are independent providers and only provide therapy. Some providers have multiple services including a psychiatrist on staff that can provide medication management.

- Providers differ in that some have an individual seeking treatment see psychiatrist prior to starting therapy. Some providers require multiple therapy sessions prior to scheduling an appointment with a psychiatrist. All providers require individuals to receive some type of therapy while receiving medication management services.

Holcomb Behavioral Health (Chimes)

225 S. 69th Street
Upper Darby, PA 19082
Phone: 610-352-8943
www.holcombbhs.org

Elwyn, Inc.

111 Elwyn Road
Elwyn, PA 19063
Phone: 610-891-7007
www.elwyn.org

RHD/Lower Merion Counseling

850 W. Lancaster Ave, 2nd Fl
Bryn Mawr, PA 19010
Phone: 610-520-1510
www.Mentalhealthrehabs.com

Omni Health Services

6934 Market St.	100 W 15 th Street
Upper Darby, PA	Chester, PA
484-469-4319	484-480-6284
www.omhsi1.com	

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
Phone: 484-454-8700
www.cgrc.org

Merakey

800 Chester Pike
Sharon Hill, PA 19023
610-534-3636
www.merakey.org

Music Therapy Services

Music Works

2050 West Chester Pike, Suite 115
Havertown, PA 19083
Phone: 610-449-9669
www.musicworkswonders.org

Blended Case Management Services (BCM)

- Community/Home based service provided by Bachelor level staff
- Case managers meet with the child and family at least 2x a month that would benefit with support and resources in areas of mental health, education, physical health, community, and basic needs

- Case managers work with families to create treatment goals to ensure knowledge, resources and support in all areas of child's and family's life.
- Case management services provide 24 hours of support for mental health crisis
- Referrals can be made by caregiver, school staff, hospital staff and/or mental health staff

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083

Phone: 484-454-8700

www.cgrc.org

Merakey

800 Chester Pike
Sharon Hill, PA 19023

610-534-3636

www.merakey.org

Child and Family Focus

450 Park Way Drive, Suite 208

Broomall, PA 19008

Phone: 610-650-7761

www.childandfamilyfocus.org

(Transition to Independence Specialized Blended Case Management TIP)

In-home Respite Services

- short-term, temporary Respite services for children (ages 3-21) with a mental health diagnosis who are struggling to access natural childcare support.
- Preventive service to decrease unwanted crises by enabling caregivers to take a break. Families who meet eligibility requirements may receive respite for a period of 3 months. Respite services typically do not exceed 6 months in duration.
- In-home, hourly Respite takes place in the home of the child. Respite services are delivered by approved CFF Respite providers. Respite is a non-clinical service, and children must be psychiatrically stable.
- Caregiver participation in support and networking meetings is a requirement in order to receive additional respite.

Child and Family Focus

450 Park Way Drive, Suite 208

Broomall, PA 19008

Phone: 610-650-7761

www.childandfamilyfocus.org

Youth – Group Grief Services

(individual grief services available at outpatient MH service providers)

- provide safe and supportive environments for grieving children and families, and to foster understanding of the effects of death and grief.
- Children between elementary and high school age are placed into groups which meet for 60 minutes every other week. Services are free.
- All groups are facilitated by Master's level staff members and trained volunteer grief facilitators.
- Program runs from September through the end of May

Peter's Place

336 King of Prussia Road

Radnor, PA 19087

Phone: 610-687-5150

www.petersplaceonline.org

Support & Peer Services

High Fidelity Wraparound

- A structured, team-based process that uses an evidence-based, nationally-recognized model that partners with families to use their voice and strengths to develop a family-driven plan that promotes self-advocacy.
- Services intended for multi-system involved children and adolescents experiencing serious emotional disturbance. Program works to improve the youth and family's ability to manage their own services and supports.
- Developing and strengthening the youth and family's natural social support system over time Integrating the work of all child-serving systems and natural supports into one organized and effective plan.
- This process is intended to keep families together in their own homes by teaching them a way to plan for their own needs.

Child and Family Focus (ages 8↑)

450 Park Way Drive, Suite 208

Broomall, PA 19008

Phone: 610-650-7761

www.childandfamilyfocus.org

Child Guidance Resource Center (ages 14↑)

2000 Old West Chester Pike

Havertown, PA 19083

Phone: 484-454-8700

www.cgrc.org

Transition Age - Certified Peer Specialist (CPS)

- engages and encourages youth adults ages 14-26 to identify and plan for what is important to them in their everyday life.

- Individuals who are Medical Assistant Eligible and diagnosed with a serious mental illness or dual diagnosis with a serious mental health illness and mild intellectual disability or autism that impairs their daily function are appropriate to receive this service.
- A CPS is an individual who has lived experience, is trained to share their own story of recovery and resiliency. They support young adults by listening and providing recovery support services.
- Individuals typically meet with their Certified Peer Specialists 2 hours minimum per week.

Child and Family Focus

450 Park Way Drive, Suite 208

Broomall, PA 19008

Phone: 610-650-7761

www.childandfamilyfocus.org

National Mental Illness Alliance (NAMI) – Delaware & Montgomery County

- A non-governmental citizen's organization that advocates for better services and treatment for people with mental illness, and promotes research and education to prevent mental illness.
- NAMI, PA, Main Line, an affiliate of the **National Alliance on Mental Illness**, provides information and support to people with mental illness, their families and friends. All of their services are free of charge.

NAMI PA, Main Line

320 Woodley Road

Merion Station, PA 19066

Phone: 267-251-6240

www.namipamainline.org

DRUG & ALCOHOL SERVICES

A. CENTRALIZED INTAKE AND TREATMENT

1. MVP Recovery

S Orange St,
Suite 5, Media, PA 19063

&

2200 Providence Rd.,
Chester, PA 19013

Phone: 855-687-2410

www.mvprecovery.org

Contact: D&A Intake Department

Services:

- Assessment
- Outpatient and Intensive Outpatient Treatment
- Group Therapy
- M.A.T. (Methadone Suboxone)
- D&A Crisis Stabilization
- Certified Recovery Specialist

2. Keystone Center

2001 Providence Avenue
Chester, PA 19013

Phone: 610-876-9000
www.KeyStoneCenter.net

Contact: Admissions Office

Services:

- Assessment

3. Merakey

800 Chester Pike
Sharon Hill, PA 19079

Phone: 877-SOBER11
www.merakey.org

Contact: D&A Intake Department

Services:

- Assessment
- Outpatient and Intensive Outpatient Treatment
- Marijuana Treatment
- Group Therapy

4. Key Recovery

5000 Hilltop Drive
Brookhaven, PA 19050

Phone: 484-490-1060
www.KeyStoneCenter.net

Services:

- Outpatient and Intensive Outpatient Treatment
- Marijuana Treatment
- Family System Dialectical Behavioral Therapy
- Trauma Focused Cognitive Behavioral Therapy
- Anger Management and Substance Abuse
- LGBT Affirming Track

5. Mirmont Outpatient Center (Adolescents only)

600 Abbott Drive
Broomall, PA 19008

Phone: 484-476-1800
www.mainlinehealth.org/behavioral

Contact: Intake Department

Services:

- Assessments
- Outpatient and Intensive Outpatient Treatment

B. Prevention and Early Intervention Programs

1. **Child and Family Focus** prevention@childandfamilyfocus.org
450 Park Way Ste 208 [Prevention Education Program \(PEP\) - Child and Family Focus](http://www.mainlinehealth.org/behavioral/Prevention-Education-Program-PEP-Child-and-Family-Focus)
Broomall, PA 19008
prevention@childandfamilyfocus.org or call 1-833-321-2ASK.

Services Free to Delaware County residents

- Family/Parent programs
- Evidence-based programs for youth
- Intervention for youth

2. **Chimes Holcomb** elizabeth.bruton@chimes.org or allison.doherty@chimes.org
126 E. Baltimore Avenue
Media, PA 19063
484-444-0412 or www.holcombprevention.org

Services Free to Delaware County residents

- Family/Parent programs
- Evidence-based programs for youth
- Intervention for youth

3. **Child Guidance Resource Centers** lschneller@cgrc.org
2000 Old Westchester Pike
Havertown, PA 19083
484-454-8700, x1484 or www.cgrc.org

Services Free to Delaware County residents

- Family/Parent programs
- Evidence-based programs for youth
- Intervention for youth

Helpful Links

Delaware County Juvenile Courts and Probation Services

[Juvenile Court & Probation Services | Delaware County, Pennsylvania](#)

Delaware County Health Department

www.delcopa.gov/health

Delaware County Intermediate Unit - Education Information

www.dciu.org

Delaware County Family Center www.dciu.org/programs-and-services/student-services-special-education/student-programs/family-centers

Delaware County Subsidized Daycare/Early Childhood Resource Center 15

www.delcohsa.org/elrc.html

Pennsylvania Points of Contact for Schools and County Child Welfare

www.Pafostercare.org

A Guide to PA Medicaid HealthChoices Health Plans

www.pa.gov/content/dam/copapwp-pagov/en/dhs/documents/healthchoices/hc-services/documents/southeast-zone.pdf

Multicultural Community and Family Services

www.multiculturalcommunityfamilyservices.org

U.D.T.J.  (Understanding.Devotion.Take Action.Justice.)

www.udtj.org

The Foundation for Delaware County

www.delcofoundation.org

Pennsylvania ChildLine – Report Child Abuse

[Report Child Abuse | Department of Human Services | Commonwealth of Pennsylvania](#)

Voice and Vision – Member Satisfaction

www.voiceandvisioninc.org

FALL 2025 RESOURCE GUIDE TO HOMELESS SERVICES

ARE YOU HOMELESS OR AT RISK OF LOSING YOUR HOUSING?

To access homeless/housing crisis services, everyone must complete a Coordinated Entry (CE) Assessment. CE is a process to assess, prioritize and connect people who are experiencing a housing crisis to resources that will prevent or end their homelessness. CE Assessments are conducted by these providers in Delaware County:

COMMUNITY ACTION AGENCY (CAADC): 1414 Meetinghouse Rd., Boothwyn
Mon. to Fri., 8:00 AM – 5:00 PM; hours may vary (610) 874-8451

DELAWARE COUNTY HOMELESS OUTREACH TEAM: (267) 871-4357

DOMESTIC ABUSE PROJECT (Survivors only): 14 W. 2nd St., Media
Mon. to Fri., 8:00 AM – 4:00 PM; hours may vary (610) 565-4590

HORIZON HOUSE: Phone assessments, call
Mon. to Fri., 9:00 AM – 4:00 PM; hours may vary (610) 328-1306, x31131

SALVATION ARMY: 151 West 15th St., Chester
Mon. to Fri., 9:00 AM – 4:00 PM; hours may vary (610) 874-0423

MOBILE ASSESSMENTS: contact Horizon House, Inc. (610) 328-1306, x31131



EMERGENCY SHELTER PROGRAMS

BREAKING BREAD COMMUNITY SHELTER: 107 Long Lane, Upper Darby

Emergency shelter w/ability to bring pets. 7:00 PM to 12:00 PM(484) 462-0135

CITYTEAM: Emergency Shelter for single men and other residential support programs. 634 Sprout St., Chester (610) 872-6865

COMMUNITY ACTION AGENCY OF DELAWARE COUNTY:
1414 Meetinghouse Rd., Boothwyn (610) 874-8451

DOMESTIC ABUSE PROJECT: Emergency shelter for victims of domestic violence.
Domestic Abuse HOTLINE 24 hours a day / 7 days a week (610) 565-4590

LIFE CENTER OF EASTERN DELAWARE COUNTY: 6310 Market St., Upper Darby
Emergency shelter for single adults (610) 734-5770

SALVATION ARMY WARMING CENTER: 151 West 15th St., Chester
Overnight shelter for single adults (610) 874-0423



HOUSING SUPPORT & PROGRAMS

CHESTER HOUSING AUTHORITY: 1111 Ave. of the States, Chester (610) 904-1111

COMMUNITY ACTION AGENCY OF DELAWARE COUNTY: (610) 874-8451

DELAWARE COUNTY HOUSING AUTH: 1855 Constitution Ave. Woodlyn (610) 876-2521

MOTHER'S HOME: 51 North MacDade Blvd., Darby
Shelter for single pregnant women 18 or over (610) 583-4663



DRUG & ALCOHOL SERVICES (D&A)

AMERICAN TREATMENT NETWORK: 1130 Township Line, Suite 300, Havertown &
30 Medical Center Blvd, Suite 207, Upland, addiction treatment screenings,

assessments, accessibility to behavioral & physical healthcare w/s(877) 286-5115

DELAWARE COUNTY WARM HAND OFF PROGRAM: (MVP Recovery) Offers D&A
recovery support by (D&A) Certified Recovery Specialists. (855) 687-2410

KEYSTONE CENTER: 2001 Providence Ave., Chester
Detox / Rehab – 24/7 (800) 558-9600 | (610) 876-9000

MISAKI: 800 Chester Pike, Sharon Hill, outpatient medication assisted
Treatment screen, assessments and case management (610) 534-3636

MVP RECOVERY (Delaware County Access Center): Conducts D & A screening,
assessments, assists w/treatment options. Walk in, no appt needed(855) 687-2410
Mon-Fri, 8AM-4PM 2200 Providence Ave Chester; 206 S. Orange St., Media



BEHAVIORAL HEALTH SERVICES

COMMUNITY CARE BEHAVIORAL HEALTH: Mental health services for those
receiving PA Medical Assistance. Delaware County Member Services:
(833) 577-2682 / En español: (866) 229-3187

MISAKI: 800 Chester Pike, Sharon Hill, Base Service Unit (BSU A) Intake
assessment 8AM-12:30 PM, outpatient and case management(610) 534-3636

PEER WARM LINE: Manned by peers in recovery from mental illness(855)464-9342



CRISIS INTERVENTION SERVICES

DELAWARE COUNTY CRISIS CONNECTIONS TEAM (DCCCT): 24 hrs/7 days week
Mobile Mental Health (MH) crisis outreach services (855) 889-7827

MISAKI: 800 Chester Pike, Sharon Hill, Base Service Unit, Intake
assessment 8AM-12:30 PM, outpatient and case management (610) 534-3636

MVP RECOVERY: Behavioral Health Urgent Care (855) 687-2410

PA CRISIS TEXT LINE: Text PA to 741741 Free, 24 hrs daily 7 days a week

PEER WARM LINE: Manned by peers in recovery from mental illness (855)464-9342

VETERANS CRISIS LINE: (800) 273-8255 then PRESS 1

SUICIDE HOTLINE (Netherlands): Call 988 Sept '25

FALL 2025 RESOURCE GUIDE TO HOMELESS SERVICES



HOMELESS OUTREACH / DAY PROGRAMS

HOMELESS OUTREACH: Call if you see a homeless person in your area
and an outreach team will attempt to engage the person. (267) 871-4357

CATHOLIC CHARITIES: 130 East 7th St., Chester
Showers and laundry, call to schedule (610) 876-7101

HOMELESS SCHOOL STUDENTS HELP: (ECHOE) Educational Stability for Students
Experiencing Homelessness or housing instability. (215) 348-2940, ext 1361

MENTAL HEALTH PARTNERSHIPS P.A.T.H: (Project for Assisting in Transition from
Homelessness). (267) 871-4357 Outreach & case management services for
people w/serious mental illness experiencing homelessness or at risk of
becoming homeless

STEPPING STONE DAY CENTER: The Salvation Army Chester Corps
151 West 15th St., Chester, day center for homeless adults,
case management and outreach (610) 874-0423



OTHER SERVICES

DELAWARE COUNTY VICTIM ASSISTANCE CENTER: Accompaniment, civil legal
services, counseling, for all victims of crime Hotline 24/7:(610) 566-6342

DOMESTIC ABUSE PROJECT: Counseling & legal assistance for victims of
domestic violence Abuse HOTLINE 24/7 (610) 565-4590|Office (610) 565-6272

DELAWARE COUNTY WELLNESS LINE: (484) 276-2100
Public access health information, e-mail: DelcoWellness@co.delaware.pa.us

FAMILY & COMMUNITY SERVICE: (FCS)
Counseling, HIV/AIDS case management and other supports. (610) 566-7540

MENTAL HEALTH PARTNERSHIPS: Project Share Recovery Learning Center
7200 Chestnut St., (rear entrance), Upper Darby (267) 507-3875

ACQ HEALTH: Services for those affected by HIV/AIDS. Medical/dental services
& other supports Chester(610) 872-8101|Sharon Hill (610) 583-1177

WOMEN'S & CHILDREN'S SERVICES OF THE FOUNDATION FOR DELAWARE CTY
Healthy Start, Nurse-Family Partnership, WIC, El Centro, MUP (legal), HOPE, and
other svcs for pregnant women & families w/children age 0 to 5 (610) 467-7944



PREPARED MEALS / FOOD

ACCESS, CHESTER COMMUNITY CENTER: 701 Booth St., Chester(484) 252-1084
Morning Coffee, Mon to Fri 9AM to 11AM; Hot Lunch, Tues, Thurs 12PM - 1PM

Food Bags, Mon, Wed, Fri 12:00 PM to 1:00 PM
BERNARDINE CENTER: 2625 West 9th St., Chester (610) 497-3225

Meals and food pantry, times vary, call recorded line for current schedule
CATHOLIC CHARITIES: 130 East 7th St., Chester Coffee Club meets for
breakfast Mon through Fri, 9:00 AM – 10:30 AM (610) 876-7101

CHESTER EASTSIDE, INC. 301 East 9th St., Chester (610) 872-4812
Hot meals every Tuesday, Thursday, Friday & Saturday 11:00 AM to 12:30 PM

CITYTEAM: 634 Sprout St., Chester, 7 days a week at 5:15 PM (610) 872-6865

SALVATION ARMY: [Boxed meals] 151 West 15th St., Chester (610) 874-0423
Breakfast: Mon. to Fri. 7:15 AM; Lunch: Mon. to Fri., 11:30 AM

SALVATION ARMY: (Food Pantry) 151 West 15th St., Chester (610) 874-0286
Every 3rd Wednesday of the month at 10:00 AM



GOVERNMENT & LEGAL SERVICES

CAREER LINK: 701 Crooke St., Suite B, Chester (610) 447-3350
CAREER LINK: Delaware County Community College, Media (610) 723-1220

DELAWARE COUNTY GOVERNMENT OFFICES:
Drug & Alcohol | Adult & Family Services | Mental Health (610) 713-2655

COASA Services for Aging (610) 490-1300
Children & Youth Services (800) 416-4511

LEGAL AID OF SEPS: 419 Avenue of the States, Suite 605, Chester, legal services
for low income persons Toll free (877) 429-5994 or Chester (610) 874-8421

NATIONAL CALL CENTER FOR HOMELESS VETERANS: (877) 424-3838

PUBLIC ASSISTANCE: Chester (610) 447-8500 | Darby (610) 461-5800
SOCIAL SECURITY ADMINISTRATION: (800) 772-1213

The RESOURCE GUIDE TO HOMELESS SERVICES is produced by the Homeless
Services Coalition (HSC) of Delaware County. Since 1991, the HSC has been
assisting homeless people in Delaware County to become self-sufficient and to
secure safe, affordable housing. Provider inclusion in this Resource Guide is not
an endorsement of their services. This resource is provided by the HSC as a public
service. Call (610) 713-2655 or visit;

www.DelcoHomelessServices.org

Sept '25



Frequently Asked Questions (FAQ): Culture, Language, Bias, Diversity, Inclusion and Belonging

1. What is Cultural Awareness?

Cultural awareness means understanding that everyone comes from a different background. These backgrounds shape how we talk, think, and act. Being aware helps us respect each other and avoid misunderstandings.

2. What is Cultural Competency?

Cultural competency means being able to work well with people from different cultures. It includes:

- Learning about other cultures and traditions
 - Understanding your own background
 - Communicating clearly and respectfully with others
-

3. Why Is Language Awareness Important?

Language awareness helps us understand how the way we speak or write affects others. Language inclusion means welcoming people who speak different languages or communicate in different ways.

It helps by:

- Breaking down language barriers
 - Making services easier for people who speak little English or have hearing or vision challenges
 - Avoiding confusing words or stereotypes
 - Creating a respectful and welcoming space for everyone
-

4. What Is Bias and How Does It Show Up?

Bias means having a preference or opinion—sometimes without realizing it—that affects how we treat others.

Bias can show up in:

- The way we treat coworkers or clients
 - Decisions about hiring or helping others
 - Everyday conversations
- By noticing our biases, we can treat people more fairly.

5. How Do Diversity, Inclusion, and Belonging Help Keep Organizations and Communities Safe?

- **Diversity** means having people with different backgrounds (race, culture, language, age, gender, abilities, etc.). When we welcome these differences, it makes our groups stronger.
- **Inclusion** means making sure everyone feels welcome, respected, and valued.
- **Belonging** means people feel truly accepted and connected. This helps build trust, safety, and strong relationships where people can work and talk together honestly.



Frequently Asked Questions (FAQ): Culture, Language, Bias, Diversity, Inclusion and Belonging

6. Why Is It Important to Learn About Culture, Language, Bias, Diversity, Inclusion, and Belonging?

- Help people treat each other with respect
 - Improve communication
 - Build trust with coworkers and the community
 - Helps teams work better together
 - Makes services more fair and helpful for everyone
 - Create safer, healthier organizations and communities
-

7. How Can I Be More Culturally Aware and Respectful?

- Think about your own behavior and attitudes
 - Ask questions in a kind and respectful way
 - Be open to learning about other people's experiences
 - Don't assume things about others
 - Listen carefully
 - Respect and celebrate differences — help create a space where everyone feels included
-

8. Where Can I Learn More or Get Help?

- Join trainings or workshops on culture and language
- Spend time with people from different cultures
- Remember: learning about culture and language is a journey — you don't have to be perfect, just keep learning!

Resources for Further Learning

- National CLAS Standards (Culturally and Linguistically Appropriate Services) - Website: <https://thinkculturalhealth.hhs.gov/clas>
- Multicultural Community Family Services (MCFS) - Offers training and resources on cultural competency and inclusion. Website: <https://www.mcfs.org>
- The Office of Minority Health (U.S. Department of Health & Human Services) - Website: <https://minorityhealth.hhs.gov>

System of Care Activities & Mailing List

Youth and Family Events, Opportunities & Resources

To learn more information about current events, resources, and opportunities for Families and Youth, please follow Delaware County System of Care on social media. These links are provided below. If you would like to be added to a community email distribution list so you receive email notifications about these opportunities, please email: SystemOfCare@co.delaware.pa.us

Social Media:

Delaware County Department of Human Services Website

<http://www.delcohsa.org/systemofcare.html>

Facebook Page

<http://www.facebook.com/delcosystemofcare>

Instagram Page

<https://www.instagram.com/delcosoc/?hl=en>

The Directory is updated annually to reflect new programs and services provided to children and adolescents of Delaware County.